



FIRST TOUCH SOCCER RETURN TO PLAY HEALTH & SAFETY GUIDELINES

Positive COVID-19 Tests Protocol:

A camper, parent or coach who has been found to be positive of COVID-19 must not return to the program until at least 3 days (72 hours) have passed since the subject's recovery, defined as resolution of fever without use of fever-reducing medications and improvement of respiratory symptoms (e.g., cough, shortness of breath), and at least 10 days since the camper's COVID-19 symptoms first appeared. If the camper never had symptoms, then they must not return until 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test.

In the event that a player tests positive for COVID-19, the entire camp will be informed, the players' group & coach will be prohibited from attending for the rest of the week. Players in the same group will receive a pro-rated program credit. Those players can only return to the field if they've not displayed symptoms for 10 days.

Coaches:

- 1. Limited group numbers of 10:1 ratio & no interaction between groups [groups to be pre determined].*
- 2. Coaches to wear masks at all times.*
- 3. Coaches to wipe/disinfect equipment everyday before use.*
- 4. Coaches to provide and initiate sanitizers frequently. Coaches to bring their own personal sanitizer and administer every 30 minutes.*

5. *Staggered drop-off and pick up times for each group.*
6. *Pre-camp introduction/briefing to include preventative measures:*
 - *Washing hands regularly before and after eating; after coughing or sneezing; after being outside; and after using the restroom.*
 - *Avoid touching your eyes, nose, and mouth.*
 - *Cover coughs and sneezes.*
 - *Use a tissue to wipe your nose and cough/sneeze inside a tissue or your elbow*
7. *Individual training curriculum, limiting physical contact. FTS circulate curriculum to staff.*
8. *No shared equipment like pennies. Players are being asked to bring their own ball, In the event that players need a ball, coaches to wipe down a ball for their use.*
9. *Colored coded field markings to clearly identify boundaries for groups. Each coach/group will be assigned a color for the week that corresponds to SMG field map. (See map) **
10. *Portable bathrooms on site. SMG bathrooms will be closed**
11. *Players to use bathrooms individually with help from Camp Director or Camp Councilor.*
12. *Coach to ensure player equipment [bags and lunch] adhere to social distancing protocols and are spaced 6 feet apart around area or in designated equipment section of coaching area.*
13. *Coaches to enforce distancing during breaks at all times.*
14. *During break players are asked to use their hand sanitizer*
15. *If players are unwell they are separated from the group until collected by parent.*
16. *Coaches demonstrating any COVID symptoms are prohibited from working and may only work a camp if they comply with CDC return to work guidelines. Mandatory temperature checks before camp begins for all attendees, however coaches are encouraged to take their temperatures at home.*
 - a. *<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>*
17. *Coaches are encouraged to wash their kit frequently.*

18. Coaches must deliver their own end of day debriefing and post camp presentation. (no mass camp presentation)

19. Staggered arrival times (starting @ 8AM); rotated daily

Parents/guardians:

1. All parents/guardians to wear mask at all times.
2. Staggered drop off and pick up times for each group, with a clearly outlined plan for all players and parents to limit interactions.
3. Parents will be emailed their child's grouping and drop off/pick up time on Sunday PM prior to camp.
4. Parents summoned forward to check their child in Monday AM with megaphone.
5. Parents to adhere to social distancing guidelines at all times when present at camp.
6. Parents must adhere to their allocated drop-off and pick up slot. Please take time to digest & understand this new protocol.
7. Spectators only allowed for players aged 4-6 and must remain 6 feet apart. Other parents wanting to remain on site must remain in their vehicle.
8. Wash child kit before attendance.
9. Parents to provide with a SOCCER BALL, hand sanitizer, plus food and drink.
10. Parents are prohibited from attending if unwell and may only attend when they have met CDC guidelines around ending isolation period
 - a. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>
11. Parents are prohibited from crossing boundaries marked with caution tape.
12. Parents are prohibited from using bathrooms at SMG, on site portable bathrooms will be available and cleaned frequently *
13. Parents must inform FTS of any illness to their child (or a family member) immediately at info@firsttouchcoaching.com
14. Parents or guardians with pre existing health conditions or over the age of 65, advised to stay home

Players:

- 1. Must bring their own ball. Ball must be cleaned by parent prior camp.*
- 2. Must bring hand sanitizer.*
- 3. No shared food or drink.*
- 4. No high-fives or physical contact between players.*
- 5. Use of SMG bathrooms are prohibited. Portable bathrooms on site. FTS camp director/ councilor will over see bathroom breaks**

**For AYSO 114 camps taking place at ST. Maria Goretti School*